

## Rudimentary Study of Intrinsic Gemfibrozil with $\beta$ -Cyclodextrin

Rumal Singh

Jayoti Vidyapeeth Women's University, Jaipur,  
Rajasthan  
Email-rmlsingh143@gmail.com

Dr. Qurratulain

Shri Ganpati Institute of technology gaziabad Uttar  
pradesh  
Email-kukkuchemical@gmail.com

**ABSTRACT:** The aim of study was carried out the fundamental properties and characterization with the help of equilibrium solubility, phase solubility dissolution rate, drying technique and also use to micro properties by Fourier Transform infrared spectroscopy (FTIR), differential scanning calorimetric (DSC) and x-ray power diffractometry of poor water soluble, reducing blood cholesterol agent, pure therapeutic compound gemfibrozil [5-(2,5 dimethyl phenoxy)-2,2-dimethylpentonic acid] with carrier  $\beta$ -cyclodextrin.

**Keywords** Equilibrium, drying technique, Gemfibrozil, Cyclodextrins,

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### I. INTRODUCTION

Complexation process, are based on the ability of many well-known drug to interact and to form new complex drugs with altered properties in comparison with a drug alone. The complication with cyclodextrins (CDs) is an established procedure to improve the biopharmaceutical properties of drugs with poor water solubility [2]. Complexes or coordination compounds, according to the classic definition, result from a donor-acceptor mechanism or Lewis acid-base reaction between two or more different chemical constituents. Complexation is one of several ways to favorably enhance the physicochemical properties of pharmaceutical compounds. It may loosely be defined as the reversible association between two or more molecules to form a nonbonded entity with a well defined stoichiometry. Cycloheptaamylose (cyclodextrins) are useful functional excipients, which are being used in an ever interesting way to camouflage undesirable pharmaceutical characteristics, especially poor aqueous solubility. Chemically they are cyclic oligosaccharides containing at least 6 D-(+) glucopyranose units attached by  $\alpha$ -(1, 4) glucosidic bonds and available as three natural CDs  $\alpha$ -,  $\beta$ - and  $\gamma$ -CDs (with 6, 7 or 8 glucose units respectively) that differ in their ring size and solubility. It has generally been assumed that the mechanism where in, CDs exert their effects, especially their augmentation of solubility, is via the formation of non-covalent, dynamic inclusion complexes [9]<sup>s</sup>.

### II. MATERIALS AND METHODS

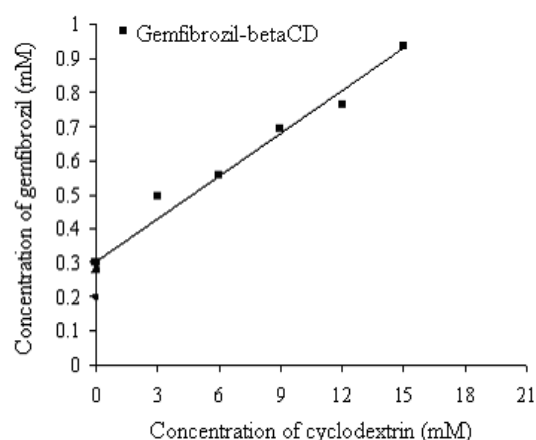
#### Materials

Gemfibrozil was got as a gift sample from Teva Pharmaceuticals Limited, India and  $\beta$ -cyclodextrin were as gift sample from Albert David Pvt Ltd, Ghaziabad.

#### Methods

##### Equilibrium solubility studies

The soluble complex drugs dried in microwave dried then and add an excess amount of related drugs, to 10 ml of 0.1N HCl (pH 1.24), double distilled water (pH 6.41) and 0.2M phosphate buffer (pH 7.40). The suspensions were stirred for 3-4 days at 38 °C and filtered through 0.45  $\mu$ m membrane filter, get diluted and analyzed by UV spectrophotometer at



273nm.

#### Phase solubility studies

To determine the stability constants of for complex gemfibrozil and  $\beta$ -cyclodextrin was to using the phase solubility method [7]. The obtain diagram of Phase solubility with diagrams double distilled water at  $37 \pm 0.5$  °C. An added to 10 ml aqueous solutions of gemfibrozil containing increasing concentrations of the Cyclodextrin (0-14mmol).

At reaching the equilibrium stage shaken the suspensions at 72h .and then they were filtered, appropriately diluted and analyzed by UV spectrophotometer at 274 nm [5, 23]. To equilibrium the apparent stability constant ( $K_s$ ) by following equation  $K_s = \text{slope}/S_0 (1-\text{slope}) \dots \dots (1)$

Where,  $S_0$  = Intrinsic solubility of gemfibrozil in the absence of cyclodextrins.

#### Preparation of mixed complexes

The ratio 1:1 molar of both gemfibrozil and CDs complexes were prepared got the results from the preliminary phase solubility suspension.

#### Used dried complex

A small amount of  $\beta$ -cyclodextrins with water placed in a mortar and mixed to get the homogeneous paste. And add some quantity of gemfibrozil powder in

homogeneous paste and kneaded 50 min process, some drops of water were added to maintain a suitable consistency. The final mixture was dried on a microwave oven at 45 °C for 3 min and the solid was finally ground and sifted through a 100 mesh sieve [6,23].

**Evaluation of prepared inclusion**

**complexes intrinsic dissolution rate studies**

To investigate the dissolution behavior by USP apparatus I, rotating disc for optimization of preparation method [20]. A material of disc was made by slow compression of 600 mg of drug mixture in a 14mm IR disc punch and die set (HICON®, India) to compaction pressure of 700Mpa and a dwelling time of 7 min. The compressed disc was sealed with wax and successively dipped so that the sides are coated. Compressed pellets of the drug and complexes were dissolved in double distilled water (pH 6.43) that was stirred at 100 rpm and maintained at 37±0.4 °C [2]. At accurate time intervals, 5 ml aliquots were withdrawn and analyzed spectrophotometrically (Shimadzu, Pharma spec 1700) at 275 nm. The dissolution was done in triplicate, and the IDR was determined by dividing the slope of the line by the displayed surface area.

**Preparation of inclusion complexes**

Inclusion complexes (gemfibrozil and CDs) analyzed by various physicochemical analysis.

**Fourier transform infrared (FTIR) spectroscopy**

Samples FTIR spectra were obtained by using FTIR spectrophotometer (Perkin Elmer). The prepared and dried complexes. About 2–4 mg of sample was mixed with dried KBr. The samples were scanned from 400 to 2000 cm<sup>-1</sup>.

**Differential scanning calorimetry (DSC)**

Differential scanning calorimetry (Perkin Elmer DSC7) measurement The 10 mg samples placed in a suitable pan and fitted in a constant disc cell and heat at rate of 15 °C/min over a 60-300 °C temperature range. A nitrogen purge (25 ml/min) was run through, using an empty sealed pan as a reference. Temperature and heat flow calibrations were performed using indium as a standard.

**X-ray diffractometry (XRD)**

A Powder sample are used with nickel filtered Cu K patterns were obtained radiation (λ= 1.530498Å) at scan step size of 0.025° under a voltage of 35-50kV and a current of 32mA for the generator. The investigation was performed in the 2θ range of 6-50°.

**III. RESULTS AND DISCUSSION**

**Phase solubility studies**-Plotted drug concentration against concentration of CDs at 37°C. Fig-1 Absorbance that solubility of gemfibrozil is increase fixed concentration range [14]. Slope value 0.0611 of gemfibrozil indicate the molar ratio is 1;1 and [Ks] is 1;1

for β- CDs, respect complexibility calculation as 162.40 M<sup>-1</sup> overall report is suitable for pharmaceutical utilization[15]. Finally dissolution rate is depend on the relative concentration of drugs. In other hand 1;2,1;3 dispersion ratio shows maximum

improvement in dissolution rate[1].

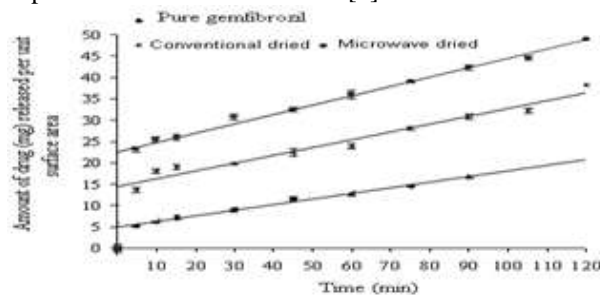


Fig. 2: Intrinsic dissolution profiles of pure gemfibrozil and β- CD complexes in double distilled water (pH 6.42)

**Equilibrium solubility studies**

The equilibrium solubility of drug and its inclusion complexes in acidic media (0.1N HCl, pH 1.21), double distilled water (pH 6.45) and 0.2M phosphate buffer (pH 7.42) are reported in table 1. Gemfibrozil, the drug showed a very low solubility at pH 1.21 and increased value of solubility's was obtained for dried and microwave dried kneaded complex. It was due to the presence of hydrophilic cyclodextrin and a better wettability of the drug.

precipitation	Equilibrium solution(mg/ml)		
	PH	PH	PH
	1.21	6.45	7.42
1.Dried product	0.301±0.001	0.438±0.001	1.72±0.02
2.microwave dried product	0.532±0.002	0.648±0.035	16.722±0.489
3.Gemfibrozil	0.723±0.002	0.082±0.001	0.302±0.002

Conventionally dried product showed 4.24, 5.72 and 7.98 fold and the microwave dried product showed 7.10, 10.42 and 16.83 fold solubility enhancement at pH 1.23, pH 6.42 and pH 7.40 respectively.

**Evaluation of prepared inclusion complexes by intrinsic dissolution rate (IDR) studies**

Dissolution of gemfibrozil of dried complex, microwave dried complex, are plotted in fig. 2. From IDR plotted diagram find out dried complexes to be 0.1385 mg cm<sup>-1</sup> and microwave dried 0.1650 mg cm<sup>-1</sup> min<sup>-1</sup> respectively and obtain result 1.90 and 2.16 fold greater than. Hence microwave drying superior drying technology to other.

**Characterization of prepared inclusion complexes**

**Fourier transforms infrared spectroscopy**

The infrared spectra of the drug, cyclodextrin, microwave dried and conventional dried complex are presented in fig. 3. Two bands of infrared spectra, at  $1705.73\text{ cm}^{-1}$  and at  $1043.30\text{ cm}^{-1}$ ,  $1127.19\text{ cm}^{-1}$  and  $1165.76\text{ cm}^{-1}$  (C-O stretching) vibrations are the characteristics infrared spectra of gemfibrozil, used for analysis of the solid state interactions [3]. The spectrum of inclusion complex did not show new peaks which indicates any chemical bonds were created in the prepared complexes [12-22].

In the IR spectra of inclusion complexes, the absorption band at  $1043.30\text{ cm}^{-1}$ ,  $1127.19\text{ cm}^{-1}$  and  $1165.76\text{ cm}^{-1}$

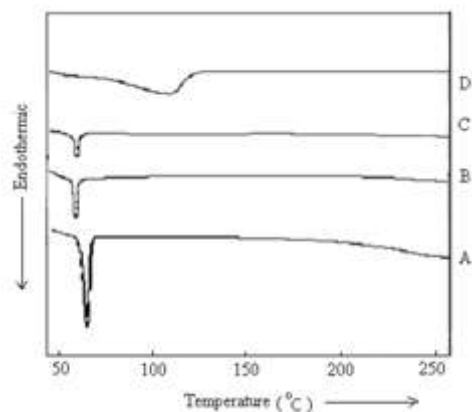


Fig-3 Fourier transforms infrared spectra of gemfibrozil(a)  $\beta$ -Cyclodextrin (b)dried product (c) microwave product(D)

disappeared and the intensity of the band at  $1705.73\text{ cm}^{-1}$  is also significantly decreased, suggesting hydrogen bonding between gemfibrozil and  $\beta$ -CD in the inclusion complexes.

#### Differential scanning calorimetry

According to plotted graph of thermogram shown the typical behaviour of crystalline solid of gemfibrozil at  $65\text{ }^{\circ}\text{C}$  ( $\Delta H=72.236\text{ J/g}$ ) and CDs  $\Delta H$  values was  $45.176\text{ j/g}$  the  $\Delta H$  values at dried ( $45.286\text{ J/g}$ ) and microwave dried ( $38.264\text{ J/g}$ ) where thermal peaks at higher temperatures, strongly grow in intensity of complexation drugs and low to reduce.

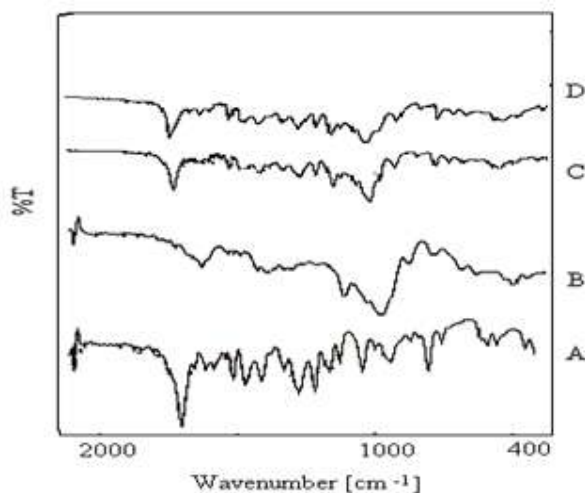
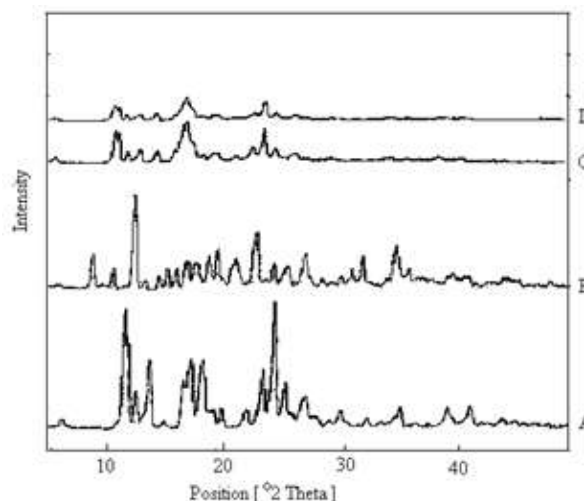


Fig. 4: DSC thermograms of gemfibrozil (A),

#### Conventional dried product (B), Microwave-dried product (C) and $\beta$ - cyclodextrin (D)

#### X-ray diffraction analysis (XRD)

The of pure drug and exhibited a crystalline diffraction are represented by XRD pattern of pure and  $\beta$ -CD. in fig. 5. shows dried and microwave dried product created lesser and broader peaks. Microwave dried product exhibits less distinct diffraction peaks. [12, 21].



#### IV. CONCLUSION

This study has been evaluated that increase the absorption and solubility rate and other scan position is better of pure therapeutic gemfibrozil against CDs. with the help of microwave drying technique.

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